

Tips for Parents From The School Health Office
When To Keep A Child Home With An Illness

Sometimes it can be difficult for a parent to decide whether to send children to school when they wake up with early symptoms of an illness or complaints that they do not feel well. In general students with minor colds may attend school as long as they are able to perform in their classes. If your child feels well enough to be in school please, have them remember the following: use and discard tissues properly, do not share personal items, cover their mouths when they cough or sneeze, to keep their hands away from their face, and to wash hands thoroughly and often with soap and warm water.

A child should stay home if they have any of the following:

Fever (100.4) in the past 24 hours, including a fever that requires control with medication, like Tylenol

Vomiting in the past 24 hours

Diarrhea in the past 24 hours

Chills

Strep throat (must have been taking an antibiotic for at least 24 hours before returning to school)

Bad cold with discolored discharge, or a bad cough especially if it has kept the child awake at night and may be disruptive to the class

Red eyes with drainage

Severe headache

Severe ear pain with drainage from the ear

Head Lice

Significant rash

Any condition that you think may be serious or contagious to others